

## Relationship and Sex Education at Brockington College

At Brockington College, within PSHCE, we will look at issues surrounding relationships and sex. Please find below an overview highlighting the topics we discuss and study.

Year group	Module	Topic
7	Staying Safe	Students will consider: a) the different types of relationships they will experience in their life b) the features of a positive relationship c) the features of a negative relationship d) dealing with changes in friendship e) where and how to get help if needed f) how to cope with peer pressure
8	You, Me and Dupree	Students will consider: a) strengthening their awareness of a positive relationship b) the signs of domestic abuse c) support services available to help with issues of domestic abuse (including within teenage relationships) d) forced marriage vs arranged marriage e) the impact of technology on relationships f) how to stay safe using technology
9	RSE	Students will consider: a) strengthening their awareness of the features of positive and negative relationships b) legal issues around the age of consent c) when is the right time to have sex d) the importance of safe sex (introduction to contraception) e) the consequences of unprotected sex (STI's) f) how to say no g) sexual identities
10	Bringing up the Baby	Students will consider: a) strengthening their awareness of the features of positive and negative relationships b) the importance of safe sex c) the implications of teenage pregnancy - financial, emotional and physical d) strengthening their awareness of STI's e) sexual identities f) homophobic bullying g) the impact of negative stereotypes on relationships
11	Risk	Students will consider: a) ensuring they are able to identify red flags in unhealthy relationships b) strengthening their knowledge and understanding of technology within relationships c) strengthen their knowledge and understanding on the importance of safe sex