



October 2019

Dear Parent/Carer

Re: Relationship and Sexual Education Programme

As part of Brockington College's Personal, Social, Health and Citizenship Education (PSHCE) programme, your child will receive a unit of lessons on relationships, sexual health and personal safety.

The purpose of this unit is to provide knowledge and understanding of safe and healthy relationships based on love and respect and to encourage the development of safe and healthy relationships in later life. The unit will help to develop understanding and attitudes, which will aid students in forming relationships in a responsible and healthy manner whilst appreciating the value of stable family life, including the responsibilities of parenthood and marriage.

Parents/carers can withdraw their child from all or part of the sex education programme that does not form part of the statutory National Curriculum. We believe that these lessons are essential to all young people, but if you do wish to withdraw your child from lessons on safe relationships and sexual health, please send an email to the Principal, Mrs Batstone, (via her PA dwa@brockington.leics.sch.uk) to request that your child does not take part in these lessons. If this is the case, alternative educational provision will be provided.

If you wish to discuss the programme further, you are very welcome to contact us via either of our email addresses: rjh@brockington.leics.sch.uk or hab@brockington.leics.sch.uk

Yours sincerely

Mrs Thorpe and Ms Broadfield
Curriculum Leads for PSHCE



THE CHURCH
OF ENGLAND



SIAMS outstanding
THE NATIONAL SOCIETY



Diocese of
Leicester

Relationship and Sex Education at Brockington College

The statutory requirements for relationship and sex education (RSE) state that:

<p>At Key Stage 3, students should have opportunities to:</p> <ul style="list-style-type: none"> • explore the qualities of relationships including friendship • explore the qualities of a loving, respectful relationship • develop coping strategies to deal with challenging relationship scenarios • develop strategies to avoid and resolve conflict • explore the implications of sexual maturation • explore the emotional, social and moral implications of early sexual activity. 	<p>At Key Stage 4, the opportunities discussed at KS3 are developed further and students focus on developing three main skills which are:</p> <ul style="list-style-type: none"> • the ability to recognise, assess and manage risk in a range of real-life contexts • developing their understanding of relationships and sexuality and the responsibility of healthy relationships • developing an understanding of the roles and responsibilities of parenting.
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At Brockington College within PSHCE, we will look at issues surrounding relationships and sex. Please find below an overview highlighting the topics we discuss and study.

Year group	Module	Topic
7	Staying safe	<p>Students will consider:</p> <ul style="list-style-type: none"> • the different types of relationships they will experience in their life • the features of a positive relationship • the features of a negative relationship • dealing with changes in friendship • where and how to get help if needed • how to cope with peer pressure.
8	You, Me and Dupree	<p>Students will consider:</p> <ul style="list-style-type: none"> • strengthening their awareness of a positive relationship • the signs of domestic abuse • support services available to help with issues of domestic abuse (including within teenage relationships) • forced marriage vs arranged marriage • the impact of technology on relationships • how to stay safe using technology.
9	RSE	<p>Students will consider:</p> <ul style="list-style-type: none"> • strengthening their awareness of the features of positive and negative relationships • legal issues around the age of consent • when is the right time to have sex • the importance of safe sex (introduction to contraception) • the consequences of unprotected sex (STI's) • how to say no • sexual identities.
10	Bringing up the baby	<p>Students will consider:</p> <ul style="list-style-type: none"> • strengthening their awareness of the features of positive and negative relationships • the importance of safe sex • the implications of teenage pregnancy - financial, emotional and physical • strengthening their awareness of STI's • sexual identities • homophobic bullying • the impact of negative stereotypes on relationships.
11	Risk	<p>Students will consider:</p> <ul style="list-style-type: none"> • ensuring they are able to identify red flags in unhealthy relationships • strengthening their knowledge and understanding of technology within relationships • strengthening their knowledge and understanding on the importance of safe sex.