



The Bear Grylls ADVENTURE

ALL PARTICIPANTS MUST BE AT LEAST 11 YEARS OLD / 12 FOR DIVING, WITH A WEIGHT MAXIMUM 21.5STONE/ 136KG TO TAKE PART IN THE ACTIVITY.

THANK YOU FOR ACCEPTING THE TERMS AND CONDITIONS OF ENTRY AS PART OF THE REGISTRATION PROCESS. YOUR ACCEPTANCE OF THE WAIVER AGREEMENT BELOW IS ALSO REQUIRED BEFORE YOU CAN PARTICIPATE IN THE ACTIVITY.

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE AGREEING TO ITS TERMS.

Name of participant(s) _____

DOB of participant(s) _____

Name of guardian completing this form (for under 18 year old guests) _____

Post code _____

Contact e-mail _____

Contact phone _____

I am above the minimum age and comply with the height and weight requirements noted at the start of this form. I acknowledge and agree that I am aware of the nature of the Activity and have read the supporting information provided by Bear Grylls Adventure of the inherent risks and dangers associated with the Activity. Having understood the risks associated, I wish to participate in the Activity organised by Bear Grylls Adventure.

I understand that the Activity has a significant potential for serious injury and that it is necessary to comply with the directions noted in this waiver form at all times.

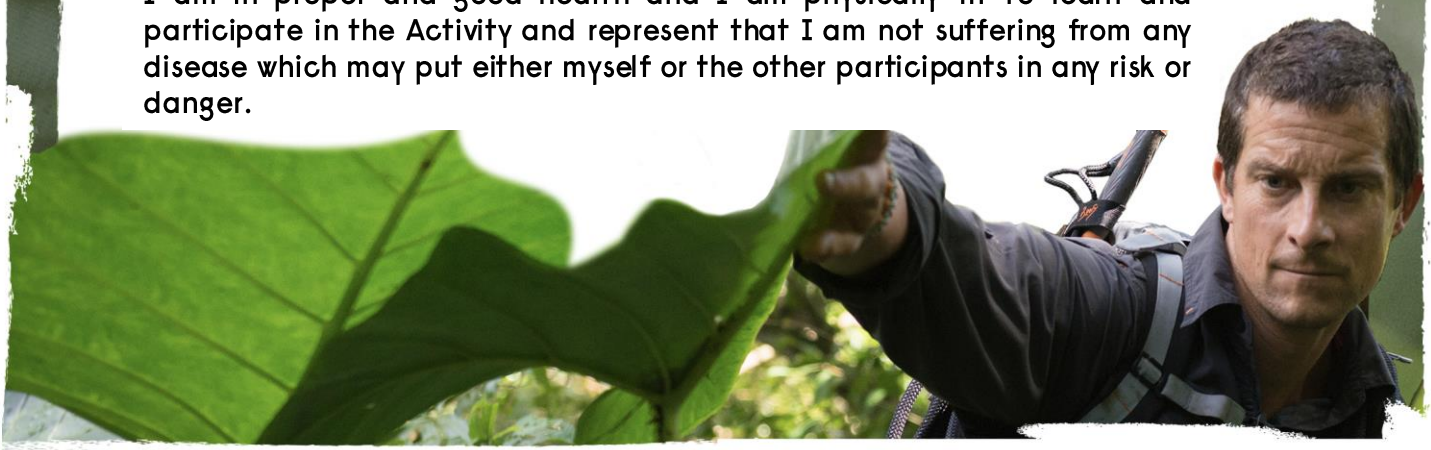
I am voluntarily participating in the Activity with the knowledge of the dangers involved and I agree to accept any and all risks of loss, injury or death.

I acknowledge that I must be present for and pay full attention to all safety briefings and that failure to attend or participate fully may lead to my engagement in the Activity being cancelled without refund.

I will undertake the Activity in accordance with all written and oral instructions given to me (including the "Survival Code" provided by the Bear Grylls Adventure) at all times to ensure my safety, and the safety of others.

I am in proper and good health and I am physically fit to learn and participate in the Activity and represent that I am not suffering from any disease which may put either myself or the other participants in any risk or danger.

"BEAR GRYLLS" IS A REGISTERED TRADEMARK OF BEAR GRYLLS VENTURES LLP





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I certify that to the best of my knowledge I do not have a medical condition which may have the effect of making it more likely that I will be involved in an incident which could result in injury to myself or others. To the best of my knowledge I am not pregnant. I confirm that I am not under the influence of alcohol or drugs. I agree to cease participation, and notify staff at Bear Grylls Adventure as soon as possible, if I am concerned in any way about my ability to undertake the Activity or the operation of the Activity itself.

I understand that all clothing and safety equipment provided by the Bear Grylls Adventure is done so for my safety and that I will wear, and properly fasten, such clothing at all times when participating in the Activity.

If assuming responsibility for the supervision of any participants under 16 years old in this waiver form, I declare that I am aged 18 years of older.

If I am not the parent or guardian of any under 16 year olds included here, I declare that that I have the authority of their parent or guardian to sign this waiver form.

I agree that I am responsible for my own safety and that of any under 16 year olds that I have assumed responsibility for in this waiver. I undertake to ensure that he/she/they have read, understand and will follow all written and oral instructions noted above and that I will accompany him/her/them on the Activity at all times.

In the event of an accident, or any loss, damage, injury or death, I acknowledge that the Bear Grylls Adventure will not be liable for any direct or indirect loss, damage or injury arising from or in connection with the Activity (excluding death or personal injury caused by the Bear Grylls Adventure's negligence) and I waive all and any claims against the Bear Grylls Adventure in this respect both for myself and for any children in my care.

SIGNATURE: _____

DATE: _____

