



April 2019

Dear Parent/Carer

### **Re: Year 11 puppy de-stress workshop**

I am delighted to provide you with details of our very popular puppy de-stress workshop, which has proven to reduce stress levels for students prior to their examinations. This in turn can have a positive impact on pupils' performance in their GCSE exams and we would really recommend that your child takes advantage of this opportunity to help them with their stress levels.

On the morning of Friday 5 April 2019, all pupils in Year 11 will have the opportunity to spend a small amount of time in the community lounge with guide dogs in training. If your child would like take up this opportunity, all we ask is for a £1 cash donation towards the guide dog charity for their time leading the workshop. This can be paid in the community lounge when your child attends the workshop. I would be grateful if you could discuss this opportunity with your son/daughter.

Thank you for your continuing support for your son/daughter at this key time, and if you have any queries, please contact me via email at [amc@brockington.leics.sch.uk](mailto:amc@brockington.leics.sch.uk) or telephone on 0116 2863722.

Yours sincerely

Mrs A McKenzie  
Associate Assistant Principal

