

## Year 10 PSHCE Curriculum Overview

Unit	Delivery	Core Content	Core objectives	Key Skills
Knowing me, knowing you	Autumn Term – September (1 <sup>st</sup> Year Module - not rotation)	<ul style="list-style-type: none"> <li>Personal skills and qualities</li> <li>Decision making processes</li> <li>Action planning</li> </ul>	<ul style="list-style-type: none"> <li>Pupils will review their personal skills and qualities</li> <li>Pupils will become aware of different techniques used to make decisions and the positives and negatives of each method</li> <li>Pupils will consider the issue of stress and examine strategies to help deal with it</li> <li>Pupils will become aware of strategies to help improve their time management in preparation for revision</li> </ul>	Acquire and develop a specialist vocabulary
Sex and Relationship Education - Bringing up the Baby	Studied on rotation	<ul style="list-style-type: none"> <li>Methods of contraception</li> <li>Sexually Transmitted Infections</li> <li>Consent</li> <li>Sexual Identity</li> <li>Teenage Pregnancy</li> <li>Homophobic Bullying</li> </ul>	<ul style="list-style-type: none"> <li>Pupils strengthen awareness of the variety of contraception available</li> <li>Pupils strengthen awareness of the symptoms and consequences of STI's</li> <li>Pupils will become aware of what is meant by the term consent</li> <li>Pupils will consider the implications of teenage pregnancy</li> <li>Pupils will discuss what is meant by sexual identity and consider the different terms used to describe sexual identity</li> </ul>	<p>Pupils can offer justified, informed and balanced opinions regarding the age of consent</p> <p>Acquire and develop a specialist vocabulary</p>
Everybody Get Up	Studied on rotation	<ul style="list-style-type: none"> <li>Active citizenship</li> <li>Role of pressure groups</li> <li>Local Community issues</li> </ul>	<ul style="list-style-type: none"> <li>Pupils will consider the role and impact of pressure groups within society</li> <li>Pupils will become aware of how they are being involved in their local communities and making changes</li> <li>Pupils will consider the pros and cons of different methods of influencing change</li> </ul>	Acquire and develop a specialist vocabulary
I saw it in the paper	Studied on rotation	<ul style="list-style-type: none"> <li>Culture of celebrity</li> <li>Effects of media</li> <li>Eating Disorders</li> <li>Right to Privacy</li> <li>Role of the media</li> </ul>	<ul style="list-style-type: none"> <li>Pupils will consider the influence of celebrity on society today</li> <li>Pupils will become aware of signs, symptoms and consequences of eating disorders</li> <li>Pupils will become aware of support available</li> </ul>	<p>Pupils can offer justified, informed and balanced opinions regarding the influence of media</p> <p>Acquire and develop a specialist vocabulary</p>
One World	Studied on rotation	<ul style="list-style-type: none"> <li>Diversity in British society</li> <li>What is Britishness?</li> <li>British values</li> <li>Community cohesion</li> <li>Why conflict exists</li> <li>Radicalisation and Extremism</li> </ul>	<ul style="list-style-type: none"> <li>Pupils will consider what it means to be British?</li> <li>Pupils will become aware of the historical diversity of Britain</li> <li>Pupils will consider the benefits of a multi-cultural society</li> <li>Pupils will examine case studies of where communities have been at conflict and the issue that caused the conflict</li> </ul>	<p>Acquire and develop a specialist vocabulary</p> <p>Pupils can offer justified, informed and balanced opinions regarding the issue of cultural diversity</p> <p>Empathy Skills</p>
The Bank of Mum and Dad	Studied on rotation	<ul style="list-style-type: none"> <li>Living Costs</li> <li>Personal finance - budgeting, banks and debt</li> <li>Consequences of borrowing and debt</li> <li>Local Job Market Awareness</li> </ul>	<ul style="list-style-type: none"> <li>Pupils will become aware of basic living costs</li> <li>Pupils will consider key elements to help them find employment</li> <li>Pupils will examine a pay slip</li> <li>Pupils will examine the different functions of a bank</li> <li>Pupils will become aware of the consequences of being in debt</li> </ul>	<p>Acquire and develop a specialist vocabulary</p> <p>Pupils can offer justified, informed and balancing opinions regarding different forms of money lending.</p>